

University Placement Handbook

Together strengthening the
health of our local community



Welcome to Gen Health Hamilton

We are passionate about providing our students with a nurturing and fulfilling learning environment on placement!

We look forward to having you on our team, watching your growth during the placement and supporting your transition from university into your career.

This booklet has been created to accelerate your clinical skills, understanding of private practice and personal growth throughout the placement.

The competencies for your discipline (Physiotherapy, Podiatry, Exercise Physiology) and the associated marking criteria are outlined - and these will be referred back to during your mid and end of unit feedback.



About Us

Gen Health Hamilton is a collaborative allied healthcare hub - encompassing Physiotherapy, Podiatry, Exercise Physiology, Clinical Reformer Therapy (Pilates) and a podiatry-based footwear store (Active Feet Hamilton).

Formed in 2015, Gen Health lives by their mission 'strengthening the health of the local community'. We serve patients from a 100km radius around Hamilton, and are passionate about educating and 'giving back' to our community.

Our vision is 'to be the most evidence based health network in the region'. We are constantly learning and striving to provide the latest-evidence treatment for our patients.

Our team created the core values that guide us in all aspects of our business:

- Striving for outstanding SERVICE
- Fostering PROACTIVE mindsets
- Leading with EMPATHY
- Harboring a TEAM environment
- Translating the latest EVIDENCE into practice
- Being a collaborative COMMUNITY

What makes us different?

Unlike any other clinic in the region, we have a modern approach to patient care that is focused on teamwork and collaboration. We work together, often cross-referring between services to optimise our patient's care. During your placement, you will work with all disciplines to gain a greater understanding of services available and how they compliment your patient treatment plans.



Before your placement

- We use 'Cliniko' - a cloud-based patient management software program. You will receive an email inviting you to set-up a log-in to access patient records, write your treatment notes and plan your placement. Please set up your Cliniko access and bookmark it to your browser. We will also work through this with you during your first day clinic induction.
- Complete your [Pre-Placement Survey](#), so we can optimise your placement experience with us and incorporate your areas of interest.
- Like + Follow Gen Health Hamilton and Active Feet Hamilton on social media to keep up-to-date with our clinic happenings!



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What to know on your first day

- Please bring your own laptop to use for the duration of your placement
- We are located at 132 Thompson Street, Hamilton. Parking on Thompson Street is reserved for patients - we ask team members to use the ample parking options nearby (eg. alongside Melville Oval, in the rear IGA carpark)
- Meet at Reception on your first day ready to commence your clinic orientation and placement induction. All information surrounding the clinic operations will be outlined to you in this session.



Example Placement Weekly Overview

Each student's Weekly Checklist will be personally customised.

	Practical Participation	Learning Objectives
Week 1	<p>Day 1: Induction Meetings & Observation Day 2 - 5:</p> <ul style="list-style-type: none"> • Observation • Participate in a CRT Class • Observe a Podiatry Partial Nail Avulsion Surgery • Assist in running an EP Class • Assist with surface anatomy identification during Dry Needling • Assist in running a First Parents Talk 	<ul style="list-style-type: none"> • Research 5 different conditions seen this week • Develop a problem list / goals / treatment plan after observing a new patient • Develop a subjective and objective re-assessment plan after observing a new patient • Develop an exercise progression to prescribe in a follow-up appointment
Week 2	<ul style="list-style-type: none"> • Perform a Subjective Reassessment for a return patient • Start to perform some Objective Tests where appropriate • Observe a Running Assessment Appointment • Observe a Shockwave Treatment • Update a patient's PhysiTrack Program • Write a Cliniko patient note 	<ul style="list-style-type: none"> • Develop a problem list / goals / treatment plan after each new patient • Practice explaining 2 conditions (one being persistent pain) and 2 treatments • Research an Outcome Measure to use with a patient
Week 3	<ul style="list-style-type: none"> • Perform a Subjective and Objective Reassessment for a return patient • Develop a patient's PhysiTrack Program during their initial appointment • Perform manual therapy / carry out treatment as appropriate • Guide a patient through a 1:1 CRT session • Observe a Podiatry Biomechanical Ax 	<ul style="list-style-type: none"> • Develop a Patient Case Study - outlining condition details, subjective history, objective presentation, patient goals, treatment plan and outcome measures. Present for discussion at Mid-Unit Feedback Meeting. • Reflect on strengths/areas to improve prior to Mid-Unit Feedback Meeting.
Week 4	<ul style="list-style-type: none"> • Perform full assessment and treatment on 5 patients • Write Cliniko notes for own patients • Assist with running of a CRT class and write clinical notes 	<ul style="list-style-type: none"> • Develop a problem list / goals / treatment plan after each of own patients • Create a Patient Information Handout sheet
Week 5	<ul style="list-style-type: none"> • Perform full assessment and treatment on 5 patients • Write Cliniko notes for own patients • Run a CRT class (with Physio supervision) and write clinical notes 	<ul style="list-style-type: none"> • Reflect on strengths/areas to improve prior to End-Unit Feedback Meeting.

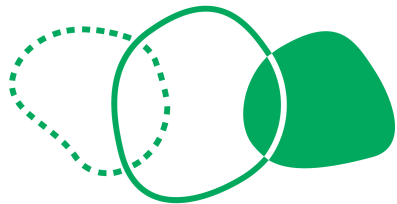


Documentation

- For each week's learning objectives, create a new Google Document and save in your Learning Objectives folder on Google Drive. These will form the basis of our feedback meetings each week.

Feedback Meetings

- Mentoring sessions will be scheduled twice/weekly to discuss patient cases and talk through your learning objectives for the week.
- A mid and end-placement feedback session will also be scheduled during your clinic induction meeting.
- For Physiotherapists, the Assessment of Physiotherapy Practice 'APP' Rubric will be used for feedback grading.
- For Podiatrists and Exercise Physiologists, your university criteria forms will be used.



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